

Cotton Ring Sling Baby Carrier

Models: Classic & Extra Long

Walkabout Sling Instructions manual



Before first use / Care Guide

Familiarize yourself with wearing and safety instructions. Wash the sling with gentle detergent once or twice. You can also add fabric softener. This will remove initial stiffness common with cotton fabrics, making your sling softer and easier to use, allowing easier threading through the rings and being more comfortable for you and your baby.

Wash separately before use. Do not dry clean. Warm gentle machine wash. Do not bleach. Dry in shade. Warm iron on reverse side. Exposure to direct sunlight will fade the fabric.



Basics: threading ring sling & starting position



Take your sling and place the end side with rings across your shoulder. Make pleats with your fingers at the other end. Pull fabric through both rings. Split rings and pull fabric back through bottom ring, just like threading a belt.



Basics: threading ring sling and starting position



Gather fabric evenly around the rings and adjust by pulling loose end of sling. If the fabric is twisted or bunched in the rings, or if the edges are not isolated, it may be difficult to adjust. Keeping the pouch at the front, adjust the main body of the sling to comfortable height – usually around your navel. Loosen the outside edge of the pouch and create a wall of fabric against your body. This is the pocket your baby will sit in.



Carry Position #1



Belly / Cradle Carry (0-3 Months +)

This position is well liked by most babies and can be used from birth. It is a particularly good position to ease symptoms of colic and reflux or when burping after a feed.



Belly / Cradle Carry



Begin as described in basics. Hold baby in burp position on the shoulder opposite the rings. Once in position, baby will be facing you with it's legs bent and cross legged. Now tighten slack in the pouch (the edge away from your body). Lower your baby into the sling while supporting his weight and let his feet come out the bottom– small babies may like their feet to stay inside. Ensure the pouch is under his bottom like a chair – the fabric should extend to the knees with the bottom lower than the knees.



Belly / Cradle Carry



Keep baby supported while you pull on the tail to tighten the sling – when pulling the tail ensure that you pull out and down (not straight down). Spread the body of the sling across your baby's back and shoulders for support – for young babies, the top edge can come up around the back of the neck or head for complete support. If baby is not tight enough against you, pull on the part of the tail that leads to the top edge of the sling – pull out to the side to avoid twisting in the rings. For added comfort, pull out the fabric to cup your shoulder



Banana Carry (0-3 Months+)



This position is a favourite for
sleepy babies and for
discreet breastfeeding.

Carry Position #2



Banana Carry



Begin as described in basics. Hold baby in burp position on the shoulder opposite the rings. As you slide the baby into the sling, turn the baby so its side is against you and it's facing away from the rings. Baby's feet and legs can be hanging out of the sling or can be covered up – be sure to only move the baby, not twist the actual sling. Baby's head should be at the height of your chest and should not be covered by sling. Once your baby is in position you can pull the tail up for some shade or privacy while breastfeeding – pull on centre of tail to give more support to baby's back and neck area for hands-free breastfeeding.



Banana Hold



Ensure that baby's chin is not touching her chest - you should be able to fit 2 fingers between baby's chin and chest. Always avoid covering baby's airways – baby's nose and mouth should have adequate airflow at all times. You can return to an upright Cradle position by lifting up on the bottom ring to loosen the sling and bring baby back to the upright position – once in position, tighten top edge to bring baby closer towards you.



Kangaroo Carry (3 -6 Months)



This is a great position for curious babies who have developed good head and neck control but are not yet sitting up and want a view out.

It is recommended to use this position when baby is well rested to avoid over stimulation and subsequent fussing.

Carry Position #3



Kangaroo Carry



Begin as described in basics. Hold baby on the shoulder opposite the rings with its back resting on your shoulder. Cross baby's legs, open the pouch with your free hand and lower the baby into the pouch, bottom first – be certain that the pouch spreads up behind the baby and in front. Check to make sure you have inner side of pouch between you and baby. Baby should be centred in the pouch. Now tighten slack in the pouch (the edge away from your body). Baby should lean back against you, not lean forward. Hold baby facing out and criss-cross her legs - bottom should be lower than the knees.



Hip Carry (6 Months +)

This is a great position for toddlers who like to be carry and cuddled a lot.

This position may be used once your baby has developed upper body strength and can sit up unassisted, usually around 6 months. This position its perfect for day to day routine.



Carry Position #4

Hip Carry



Begin as described in basics. Hold baby on the shoulder opposite rings facing you, as on the second picture. Reach through the bottom and inside of the sling with your free hand and pull baby's feet through sling. Make you baby sit comfortably on your side, bottom supported by sling and legs loose at your front and back, edge comes up under his armpits or over his shoulders. If your child is not tight enough against you, tighten the sling to hold baby close to your body. Baby should be siting loosely in the sling.



Back Carry (Toddlers Up To 12Kg+)



This position is recommended for children who have started to toddle and have good muscle tone.

Only use this position once you are experienced with the sling and only then with a cooperative toddler

Carry Position #5



Back Carry



Begin as described in basics. Continue as in hip carry position. Now move the baby with the sling across to the back.

IMPORTANT! For safety reasons this position is only suitable for toddlers who can comfortably hold their heads up at all times while in back carry position, as eye contact with your child is more limited. For this reason your child should be carried this way only while awake and extra support with your hands is recommended.

